

Create a Haka

Take inspiration from Maori culture for your own ceremonial group line dance!

9 - 12

Dance



The HAKA

KA MATE KA MATE

It is death, it is death!

KA ORA KA ORA

It is life, it is life!

KA MATE KA MATE

It is death, it is death!

KA ORA KA ORA

It is life, it is life!

TENEI TE TANGATA

This is

PUHURUHURU

The hairy man

NANA I TIKI (MAI)

Who fetched the sun

WHAKAWHITI TE RA

And made it shine again

AH UP ANE UP ANE

Face! Face in a row!

UPANE KAUPANE

Face! Face in a row!

WHITI TE RA

In front of the sun shining!

Equipment

- An open space for the performance
- Video clips of traditional Haka for inspiration
- The lyrics for the All Blacks' Haka
- Face paints and costumes (optional!)
- A camera to film the performances

Activity

The team challenge is to devise a new Haka. It could be part of a **dance** or **drama** class or perhaps as an **ice breaker** for a **PE** event!

The Haka is a ceremonial dance from Maori culture, used by the New Zealand All Blacks rugby team. The traditional lyrics are in the green box and could be chanted together to get everybody in the zone.

It is a group line dance combining a series of powerful movements, foot stomps and rhythmic chanting.

It can be used to build team unity, to intimidate the opposition, to welcome guests or as a celebration.



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